

Course Syllabus

Course:	EDZU 9052 <u>Common Psychiatric Disorders of School-Aged Children</u>
Credit Hours:	3.0 credits / 45 hours
Instructor:	Carol Bottstein

Course Description

OCD, ODD, Conduct Disorder, Bipolar, Depression: These are common psychiatric disorders in school age children. There are children of every age, in every school, with one or more of these disorders. This course will provide all education professionals with the information needed to promote a successful academic and social environment for the student with a mental illness. Learn the warning signs, diagnostic criteria, treatment options, classroom interventions, social and academic pressures, as well as how to assist and support the family of a child with a psychiatric disorder.

Course Goals

To Know

1. Common psychiatric disorders affecting school age children
2. Definitions of each disorder
3. Diagnostic criteria for each disorder.

To Understand

1. The etiology of each of the psychiatric disorders
2. Academic and social pressures facing students with one or more of the disorders
3. Effective treatment methods for each disorder.

and To Be Able To

1. Identify warning signs of mental illness in children
2. Apply strategies and classroom interventions that promote academic and social success for students with psychiatric disorders
3. Assist and support parents of children with mental illness.

Course Outline

- I. Common Childhood Psychiatric Disorders/Definitions and Description
 - A. Obsessive Compulsive Disorder (OCD)
 - B. Oppositional Defiant Disorder (ODD)
 - C. Conduct Disorder
 - D. Bipolar
 - E. Depression
- II. Obsessive Compulsive Disorder
 - A. Diagnostic Criteria
 - B. Symptoms
 - C. Etiology
 - D. Treatment
 - E. Classroom strategies/ interventions
- III. Oppositional Defiant Disorder
 - A. Diagnostic Criteria
 - B. Symptoms
 - C. Etiology
 - D. Treatment
 - E. Classroom strategies/ interventions
- IV. Conduct Disorder
 - A. Diagnostic Criteria
 - B. Symptoms
 - C. Etiology
 - D. Treatment
 - E. Classroom strategies/interventions
- V. Bipolar
 - A. Diagnostic Criteria
 - B. Symptoms
 - C. Etiology
 - D. Treatment
 - E. Classroom strategies/interventions
- VI. Depression
 - A. Diagnostic Criteria
 - B. Symptoms
 - C. Etiology
 - D. Treatment
 - E. Classroom strategies/interventions

Methods of Instruction

This course will explore common childhood psychiatric disorders such as OCD, ODD, conduct disorder, bipolar and depression. It will provide an understanding of the symptoms, diagnosis, etiology, treatment, classroom strategies and interventions and academic and social pressures experienced by the student with a mental illness through reading assignments, viewing media, critiquing assessment tools and thought provoking discussions. Students will demonstrate their understanding, knowledge and ability to accommodate children and adolescents with psychiatric disorders using specific techniques, instructional strategies and classroom modifications.

Students will connect with each other throughout the course within forums and various other types of online feedback options built into each class.

Methods of Assessment

In order to earn an A in the class, a student must complete all of the assigned readings and assignments as well as submit two papers: 1. Comparing and contrasting the common psychiatric disorders in school age children, including etiology, symptoms and behaviors, treatment, educational implications, instructional strategies and classroom accommodations. 2. Demonstrating the ability to accommodate such students using specific techniques, instructional strategies and classroom modifications.

In order to earn a B in class, a student must complete all of the readings and assignments listed above in addition to submitting one of the two papers described above.

Instructors are online each day of the course and correspond with students through the course itself, feedback on assignments, e-mail, and by phone.

Time Validation Attached

Common Psychiatric Disorders of School Age Children-Assignments	Time (in hours)
Students will read how mental illness affects the classroom	1.00
Students will reflect on and discuss their personal experiences with students with mental illness and relate them to specific issues identified in the reading material	1.00
Students will research and identify the entire procedure and components for conducting a psychiatric evaluation and diagnosis; including all professionals, assessment tools, interviews and observations	3.00
Students will learn the etiology and definition of OCD (Obsessive-Compulsive Disorder) via reading material and media	1.50
Students will research symptoms and behaviors of students with OCD	1.50
Students will explore and discuss the learning and emotional implications affecting students with OCD in both the school and home settings	1.75
Students will learn instructional strategies and classroom accommodations for students with OCD	1.00
Students will research and analyze treatment options and write about their effectiveness and limitations	2.00
Students will research and report on the role of school personnel with regard to students with OCD	2.00
Students will read and analyze a case study on Oppositional Defiant Disorder (ODD)	1.50
Students will view media providing an overview of ODD, including etiology, risk factors, symptoms and treatment	0.50
Students will review and then compare and contrast the etiologies of OCD and ODD	2.00
Students will explore the educational and social implications of students with ODD	1.00
Students will learn instructional strategies and classroom accommodations for ODD students	1.00
Students will learn facts about Conduct Disorder	1.00

Students will research and provide the causes of Conduct Disorder	1.50
Students will research instructional strategies and classroom accommodations for Conduct Disorder and then compare and contrast the instructional strategies and accommodations for Conduct Disorder with those of ODD.	2.50
Students will analyze and critique problem solving tools and resources for use with Conduct Disorder students	2.00
Students will view media on a bipolar girl	0.25
Students will learn etiology, symptoms and treatment of Bipolar Disorder	1.00
Students will investigate diagnostic difficulties, educational challenges, instructional strategies and classroom accommodations for Bipolar students	2.00
Students will research and report on signs and symptoms of Depression in students in both the home and educational environments	2.00
Students will explore educational implications, instructional strategies and classroom accommodations for students with Depression	2.00
Students will learn and discuss gender and age specific behaviors of Depression	2.00
Students will learn various ways to assist/support families of children with mental illness	1.00
Students will analyze and critique a parent's first hand experience working with the school as well as informational brochures for parents of children with mental illness	2.00
Students will review and analyze each of the five common psychiatric disorders, compare and contrast each as well as report on how the instructional strategies and accommodations can be applied in their specific learning environment	5.00
Total Time	45.00