New York Center for Teacher Development, Inc. 🍎

In affiliation with University of Massachusetts Global

COURSE SYLLABUS

Course:	**EDZU 9690 The Bully Free Classroom**
Credit Hours:	3.0 credits / 45 hours
Instructor:	Amy Adkins

Course Description

Every day, students are teased, intimidated, harassed, and hurt by other students. Bullying is a big problem in our schools and educators can do something about it. This course will help all educators and staff members to create a classroom/school environment where everyone feels safe, accepted and valued. It will help you to identify and empower victims of bullying as well as act quickly and effectively when learning of a bullying incident. Participants will also learn how to effectively communicate with parents while establishing a zero-tolerance policy for bullying. This course is a must for all educators K-12.

Course Description

Know
1. the difference between the facts and myths of bullying.
2. district and/or building policies against bullying.
3. cyberbullying and its harmful effects.

Understand
1. how they can help prevent bullying in their classes and schools.
2. that bullying manifests itself in many different kinds of behaviors, some of which are more easily noticed than others.
3. myths and misconceptions about bullying, bullies and the bullied.

and Be Able To
1. establish classroom rules and consequences that promote zero-tolerance for bullying.
2. identify and diffuse a bullying situation.
3. communicate effectively with parents of both bullies and victims.

Course Outline

Topic 1: What is Bullying: Myths and Facts
- Defining Bullying.
    1. Bullying: What it is and what schools can do about it.
    1. Deciphering between myths and facts regarding bullying.
    2. Discuss they types of bullying

Topic 2: Preventing Classroom Bullying
- Preventing Classroom Bullying
    1. What educators can do about it.
    2. Bullies: Turning around negative behaviors.
    3. Victims: Preventing students from becoming "bully targets."
    4. Bystanders: Turning onlookers into bully-prevention agents.
- Strategies for teachers and schools

Topic 3: Bullies and Victims
- How to guide parents if their child is being bullied.
- How to guide parents when their child is the bully.
- Ryan Patrick Halligan Story (video)
    1. Evaluating what parents, teachers, and students could have done to prevent this tragedy.

Topic 4: Cyberbullying
- An Educators Guide to Cyberbullying and Cyberthreats
    1. Insight into cyberbullying and cyberthreats.
    2. Impact of cyberbullying and cyberthreats.
    3. Media influence.
    4. Legal issues.
    5. School action options
    6. Actions parents can take to stop cyberbullies from harassing and threatening their child.
- Laws to prevent cyberbullying.
- Stopping cyberbulling before it starts.
    1. Community action and awareness.

Methods of Instruction

Teachers enrolled in this course will evaluate primary and secondary sources in order to be able to effectively communicate with parents while establishing a zero-tolerance policy for bullying. They will communicate with other teachers around the state and country to share success stories and gain insights into best practices in instruction. They will complete assignments that assess their understanding of bullying prevention and be challenged to apply their learning immediately to their own classrooms, schools, districts and communities.

Students will connect with each other throughout the course within forums and various other types of online feedback options built into each class.

Methods of Assessment

In order to earn an A in class, a student must complete all of the assigned readings and assignments, participate in all discussion forums, and compete all of the practicum tasks. This includes but is not limited to analyzing a bullying scenario and discuss how they would handle the situation, how they would guide the bully and victim and their families and include a classroom lesson on bullying prevention.

In order to earn a B in class, a student must complete all of the assigned readings and assignments, participate in all discussion forums, and analyze bullying scenario, no lesson plan.

Instructors are online each day of the course and correspond with students through the course itself, feedback on assignments, e-mail, and by phone.

Time Validation

Assignment	Time (in hours)
Students will read, analyze, and respond to what bullying is.	2
Students will understand the five different forms of bullying.	2
Students will explore the three apparent psychological advantages that allow kids to harm others without feeling, empathy, compassion, or shame.	2
Students will decipher and analyze the difference between bullying myths and facts.	2
Students will identify the top ten myths regarding bullying.	2
Students will explore and analyze bulling prevention strategies and techniques.	3
Students will read and respond to how to turn around negative bullying behavior.	2
Students will read and respond to how to prevent students from becoming "bully targets."	2
Students will read and respond to how to turn onlookers into bully prevention agents.	2
Students will read and analyze the characteristics of an episode of bullying.	2.0
Students will investigate strategies that schools can implement to combat bullying.	2.0
Students will explore strategies to help parents of a child who is being bullied.	2.0
Students will explore strategies to help parents of a child who is a bully.	1.5
Students will create a pamphlet for parents with effective strategies to help children who are bullies and who are being bullied.	3.0
Students will respond to the Ryan Patrick Halligan story and identify areas in which bullying intervention could have prevented this tragedy.	3.0
Students will read and respond to the effects of cyberbullying.	2.0
Students will read and identify the six actions parents can take to prevent cyberbullying.	1.5
Students will analyze the laws and legal actions taken against cyberbullying.	2.0
Students will read, respond, and identify school action options against cyberbullying	2.0
Students will explore and analyze community awareness programs against cyberbullying.	2.0
Students will analyze and bullying scenario and synthesize the information from the course to identify where action needs to take place and how they would guide the bully and victim and their families.	3.0
Total Time	**45.00**